

Omaha Public Schools – Human Growth and Development Opt In Form Elementary School – Grade 6

In 2016 the Board of Education of the Omaha Public Schools District approved updated curriculum standards for Human Growth and Development for grades 4th – 8th and 10th. This permission form is used to inform and gain signed opt in/opt out of parents/guardian of the elementary curriculum (4th – 5th grade and/or 6th grade) which is taught by the school nurse. Boys and girls will be in separate classes for instruction. **Please note:** parents/guardians may opt out of certain lessons and are asked to indicate on the permission portion below. Check “yes” for any and/or all lessons you would like your child to participate; and/or, check “no” for any/or all lessons you would not like your child to participate. A parent/guardian is to also sign below and return to your classroom teacher. If you have any questions about the lessons, please contact your child’s School Nurse.

Your written permission is required for your child to participate.

6 th Grade	Schedule Period	Yes (Opt In)	No (Opt Out)
Lesson 1: <i>Explain how healthy behaviors during puberty impact future growth and development.</i>	Lesson taught sometime in mid-October through mid-November		
Lesson 2: <i>Demonstrate refusal skills to use when confronted with situations that are not safe or are against beliefs or family expectations.</i>	Lesson taught sometime in mid-October through mid-November		
Lesson 3: <i>Describe the human reproductive process.</i>	Lesson taught sometime in mid-October through mid-November		
Lesson 4: <i>Define STDs (sexually transmitted diseases) and how they are or are not transmitted.</i>	Lesson taught sometime in mid-October through mid-November		
Lesson 5: <i>Demonstrate ways to treat others with dignity and respect.</i> <i>Demonstrate ways to avoid cyberbullying.</i>	Lesson taught sometime in mid-October through mid-November		

Omaha Public Schools

(Student’s first and last name)

(Student’s Number)

School Year: _____

School: _____

Parent/Guardian Signature: _____

Date: _____